

PLANNING 2'THE'LIGHT

	Lundi	Mardi	Mercredi	Jeudi	Vendredi	WEEK end
6H/7H	Coaching					ANIMATION SPORTIVE
7h/8H	Coaching					
8H/9h	Coaching					
9h30 /11h30	Coaching					
12h30/13h30	Coaching groupe					
13h45/14h45	Coaching					
15h/16H	Coaching		Spécial KIDS		Coaching	
16H/17H	Coaching		Spécial TEENS		Coaching	
17h00/18h00	Coaching					
18h15/19h15	Coaching groupe					
19H20/20h20	Coaching groupe					